OPERATING INSTRUCTIONS FOR E7 CONTROL

**E7 Control**
- Right Side
- Left Side

**1. Seat Height Adjustment**
- 2. Tension Control
- 3. Back Height Adjustment
- 4. Seat and Back Tilt Adjustment
- 5. Seat Slider

**Paddle (1): Seat Height Adjustment**
- To raise the seat height: Stand up (or raise your body so there's no pressure on the seat), lift the paddle to raise the seat height.
- To lower the seat height: Sit in the chair and lift the paddle to lower the seat height.

**Knob (2): Tension Control**
- To tighten the tension: When seated, pull out and turn the knob towards the front of the seat (clockwise).
- To loosen the tension: When seated, pull out and turn the knob towards the back of the seat (counterclockwise).

**E7 Control**
- Right Side
- Left Side

**Back Rest (3): Back Height Adjustment**
- To raise the back height: Place your hands on the bottom of the back rest and gently push upward.
- To lower the back height: Gently push the back rest upward until it reaches its max. The back rest will then fall to the lowest height level.

**Note:**
- Back height adjustment not available on Fino or HB chairs.
OPERATING INSTRUCTIONS FOR E7 CONTROL

E7 Control
Right Side

Knob (4):
Synchronized Seat and Back
Tilt Adjustment
To adjust: Turn the knob toward the
front of the seat (counterclockwise)
to unlock, lean back to adjust the
seat and back posture. Turn the
knob toward the back of the seat
(clockwise) to lock in position. It
can be locked in 5 positions.
It has the safety feature when you
turn the knob to unlock, the back
won’t release right away, preventing
it from hitting your back. In order to
change the locking position you
must lean on the back, to give some
pressure, to disengage the lock.

Left Side

E7-SS4 Control Only
Right Side

E7-SS4 Control Only
Paddle (5):
Seat Slider
To adjust, sit on the chair, pull the
paddle up and slide the seat forward
or back to adjust seat depth.